

MASSES THIS WEEK

Saturday, March 4th

St. Casimir
4:30 Frances Xavier Finn by Patrick Finn

Sunday, March 5th

First Sunday of Lent
10:30 Sr. Sally Mahar, rscj by the Alumnae
Association of Sacred Heart School

Monday, March 6th

9:00 Delores Kumps
by the Ascension Meditation Group

Tuesday, March 7th

St. Perpetua and St. Felicity
9:00 Ed Marilley by Tim Burke

Wednesday, March 8th

St. John of God
9:00 Joseph Finn by Patrick Finn

Thursday, March 9th No Mass

St. Frances of Rome

Friday, March 10th

9:00 Lucille Arsenault
by Frances deVerteuil

Saturday, March 11th

4:30 Lacasse and Cross Families
by the Estate

ACTIVITIES THIS WEEK

MONDAY 6:00PM
Christian Meditation in the Church
For information call 514-931-5536

THURSDAY 7:30 PM **Choir Practice**
in the Choir Room

IN OUR PARISH

Benedict Labré House On **Sunday March 19th**, Ascension will be providing and serving food for approximately 150 people less fortunate than us. We do this by pre-making a meal and dessert. Along with this we serve soup, bread and juice. Next weekend, March 11/12 we will be supplying pans and recipes for the meal and dessert. If you are unable to prepare something, we gladly accept cash donations to buy the other items. For additional information, please contact Aletha Thompson at 514-482-5660.

Share Lent 2017

On Ash Wednesday, Development and Peace – Caritas Canada launched its 50th annual Share Lent campaign, entitled ***Women at the Heart of Change***. Since the Organization's founding in 1967, money donated annually by Catholics during Share Lent provides essential support to the poorest populations of Africa, Asia, Latin America and the Middle East. Today, Development and Peace supports 173 partners and 194 projects in 46 countries around the world! Supporting women is a priority for Development and Peace – Caritas Canada. For this year's Share Lent campaign, we invite you to listen to the voices of women who are working to build the world of tomorrow — Women at the heart of change. You will find testimonials from the four corners of the globe inside our Mini-magazine. Our first testimonial is from Marta and Silvia, two women from Paraguay who are members of an Indigenous women's farming association supported by Development and Peace – Caritas Canada. "I wish that there was land for everyone, that women were free [and] that they had the freedom to organize and defend their rights," Silvia tells us. You can make Share Lent a part of your family's Lenten journey by using the Solidarity Calendar, which is available along with other materials, including the mini-magazine, at the back of the church. Don't forget to pick up your copy!

2016 Tax Receipts Don't forget to pick up your Tax Receipts at the back of the church, arranged in alphabetical order. For any queries email: ascensionaccounts@yahoo.com or call the Parish Office Tuesday or Wednesday morning. Thank you.

REFLECTION

Bring us back to you. This week we pray for a renewal of our lives. We are beginning to be more attentive and alert. We are trying new patterns. The difficulties we encounter keep us humble. Our desire is clear. We want the "self-sacrificing love of Christ" - which brings us mercy and healing - to be "reproduced in our lives." In our journey, we seek to savor the meaning of Jesus' self-less love, that we might reflect that love to others. At the end of our journey, we will renew our baptismal promises. Dying with Jesus in baptism, we have a new life in him. Today, we desire nothing less than God's re-creating us - breathing new life into us.



A SELECTION OF ONLINE LENT RESOURCES

- <http://www.loyolapress.com/liturgical-year-lent>**
Take advantage of Lent as a wonderful time for spiritual renewal. You will find a variety of articles, activities, and other resources that will aid you in this special time of prayer and preparation. Features a daily email series, Living Lent Daily, delivering fresh reflections based on the Scriptures of Lent.
- <http://onlineministries.creighton.edu/CollaborativeMinistry/Lent>**
Everyday Lent Resources including a Lenten Online Retreat. Eight Weeks of Retreat -From Ash Wednesday Week to the Second Week of Easter
- <http://www.ignatianspirituality.com/lent>**
Ignatian contemplation and reflective prayer encourage us in the season of Lent. Online Retreats and Prayers include: Ignatian Prayer Adventure , From Ashes to Glory - a way of praying the Examen through Lent, Other6 Prays Lent - daily topics help you get in the habit of finding God in different ways this Lent
- <http://www.thelentexperience.com/#lentexp2017>**
Simple. Experiential. Meaningful. Fun. The Lent Experience is designed to help a wide variety of people to participate in the amazing season of the year that leads up to Easter.

IN THE DIOCESE

Montreal Directed Retreats Begin the Lenten season in a prayerful mode and be refreshed in mind, body and spirit. . . Silent directed weekend retreat at La Maison de Prière-Notre-Dame (180 De Normandie Blvd., Longueuil). Begins Friday evening, **March 10** and ends Sunday afternoon, March 12. Cost \$140. Contact 514-626-9462 or 514-633-1172, or visit www.montrealretreats.org
Women's Day Retreat will take place on **Wednesday, March 15th** at Villa Saint-Martin (9451 Gouin Blvd, W., Pierrefonds). Registration: 9:15 a.m.. Animator; Sr. Pat O'Neill, SNJM. Thought-provoking presentations with references to Scripture & works of renowned spiritual writers; quiet time for personal reflection and prayer; Eucharistic celebration; sharing for those who wish to participate. ALL women welcome. Bring a brown bag lunch; coffee & tea provided. Suggested donation: \$15.00. Info.: (514) 684-1290.

PARISH SUPPORT We encourage all parishioners to use the Sunday envelopes. To obtain your envelopes please call the parish office (514-932-3131) or complete this form and place it in the collection plate. We extend a warm welcome to new parishioners. Please take a moment to introduce yourself to Father MacEachen after Mass.

Name _____
Address _____ Postal code _____
Email _____ Telephone _____

You are not forgotten If you, or a loved one, are not able to come to church, we would be happy to pay you a visit and bring you Communion. We can also send you a copy of our Parish bulletin. Let us know by calling the parish office and we will get to you ASAP.

Parish Donations can be made ONLINE through Canada Helps using major credit cards, PayPal or Interac. You obtain a Tax e-receipt immediately. There are 2 ways to access the site:
1. Via the parish website (www.ascensionofourlord.ca) -click on the main page button "EVERY DOLLAR HELPS" for instructions or **2.** go directly to canadahelps.org and search for "Ascension of Our Lord Parish, Westmount". Thank you for your generosity.

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Tel.: 514-871-4339
andrea.bobkowicz@nbc.ca



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Dr. Eduardo Aparicio, DDS

General Dentistry

Medical Arts Building
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Montreal, Quebec H3G 1L5
Tel: 514-843-4125



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Ascension of Our Lord Parish



BULLETIN March 5, 2017

First Sunday of Lent

PARISH STAFF

Pastor
Father Lawrence MacEachen
pastor@ascensionofourlord.ca

Pastoral Associate
Dr. Linda Wiltshire
wiltshirecl@msn.com

Assistant
Martha Barrington
ascensionadministration@videotron.ca

Director of Music & Organist
David Szanto, D.Mus.
music@ascensionofourlord.ca

Accounting Queries
Effie Cordeiro
ascensionaccounts@yahoo.com

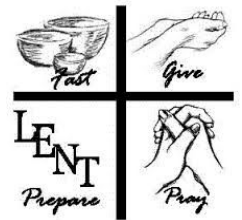
LITURGY

Lectors
Edmund Nash
514-989-7217

Eucharist Ministers
Janet Macklem
514-933-8202

Ministers of Hospitality
Olga Overbury
514-767-6934

Altar Servers
Jovan and Leony Gaco
514-939-1027



MASS HOURS

Saturday	4:30 PM
Sunday	10:30 AM
Monday	9:00 AM
Tuesday	9:00 AM
Wednesday	9:00 AM
Thursday	NO MASS
Friday	9:00 AM

SACRAMENTAL LIFE

Baptisms By appointment. Please phone the rectory at least one month before.

Confessions Saturday from 4:00 to 4:15 PM
Sunday from 10:00 to 10:15 AM

Marriages Please give six months notice.
Marriage preparation course required.

Sick calls Please notify us at anytime if someone in your family is ill, in order to arrange for Anointing of the Sick.

PARISH WARDENS

Janet Macklem
Andrea Bobkowicz
Thomas Brady
Brian Weber
Bonnie Auger
Louise MacLellan

Ascension of Our Lord Parish
375 Kitchener Ave., Westmount QC H3Z 2G1

www.ascensionofourlord.ca
info@ascensionofourlord.ca

Tel: 514-932-3131
fBook: AscensionWestmount

OFFICE HOURS Monday to Thursday 9:30 AM - 4:00 PM or by appointment