

**JUNE 14, 2020 SOLEMNITY OF THE MOST HOLY
BODY AND BLOOD OF CHRIST**

MASSES FOR THIS WEEK

Saturday, June 13th

St. Anthony of Padua

4:30 Deceased members of the Blizchuk Family by Maureen and Ron Blizchuk

Sunday, June 14th

The Solemnity of the Most Holy Body and Blood of Christ

10:30 Kate and Ed Sampson by Ann & Louis Mallette

Monday, June 15th

9:00 Françoise Champlong by Dr. Gaston and Maria Schwarz

Tuesday, June 16th

9:00 Carol Ann Carmody by Eileen & Bill Curran

Wednesday, June 17th

9:00 Hon. Frederick Collins & Mrs. Irene Collins by their Family

Thursday, June 18th

St. Barnabas, apostle

Friday, June 19th

The Most Sacred Heart of Jesus

World Day of Prayer for Priests

9:00 Jean Vanier by Joseph Blain

Saturday, June 20th

The Immaculate Heart of the Blessed Virgin Mary

4:30 Special intention of Maureen and Ron Blizchuk

REFLECTION

Today we celebrate the Solemnity of the Body and Blood of Christ. Our readings are focused on the gifts of the Word of God and the Eucharist. This feast has deep significance to those of us living the stewardship way of life.

Why? As stewards, we recognize that all that we are and all that we have been given are gifts from God. We are called to treasure these gifts and use them for God's glory. Our Solemnity today and the readings for this week invite us to a deeper gratitude and better stewardship of the two sublime gifts of God's Word and the Eucharist.

In our first reading from Deuteronomy, Our Heavenly Father (such a good teacher) reminds us that just as we experience physical hunger from lack of food, we become spiritually malnourished through lack of feeding on the Word of God. It is that important.

And, just as the Word of God is vital to our spiritual nourishment, so, too is the nourishment of the Eucharist. Jesus could not make this any clearer to us: "Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you."

Without the Eucharist, we die spiritually. But through the Eucharist, we experience a taste of heaven right now — "Whoever eats my flesh and drinks my blood has eternal life."

As Christian stewards, we must recognize that in the gifts of the Word of God and the Eucharist, we have everything we need to sustain us in this world and guide us to heaven. Let us resolve to steward these precious gifts well with all our hearts, always.

ANNOUNCEMENTS- OTHER INFO

Praying the Rosary

On May 1, the Canadian Conference of Catholic Bishops renewed the consecration of our nation to the care of Mary, our Blessed Mother. We encourage you to entrust yourself and your family to the care of our Blessed Mother every day. Archbishop Lépine will continue the daily recitation of the Rosary throughout the month of June, at 7 p.m. from Mary Queen of the World Cathedral (broadcast live on the diocesan YouTube channel and Facebook page). If there are deceased persons whom you wish remembered in prayer, submit your intention online at: <https://www.diocesemontreal.org/en/lets-connect/prayer-requests>.

Personally Directed Retreats Online

The Villa Saint Martin Team will facilitate 3-8 Day Guided Retreats between **June 29 to July 7, 2020 or July 10-17, 2020**. Depending on your availability and needs, when registering please choose a timeframe for desired length (3, 5 or 8 days) within the offered dates. These virtual retreats are guided by the dynamics of the Spiritual Exercises of Saint Ignatius of Loyola. You will be put in touch with a person who will be able to accompany you as your guide during this period. Each day of your retreat, you can have a meeting over Zoom or Skype with your spiritual guide. Cost: 25\$/Day. To register or for more information send email to: contact@villasaintmartin.org