

MASSES THIS WEEK

Saturday, September 16th

St. Cornelius and St. Cyprian
4:30 William McNamara
by the McNamara Family

Sunday, September 17th

Twenty-Fourth Sunday in Ordinary Time
10:30 St. Mary's Nurses Alumni

Monday, September 18th No Mass

Tuesday, September 19th

St. Januarius
9:00 Anne & John Blizchuk by the Estate

Wednesday, September 20th

St. Andrew Kim Tae-Gon,
Paul Chong Ha-Sang and Companions
9:00 Myronick and Blizchuk Families
by the Estate

Thursday, September 21st No Mass

St. Matthew, Apostle

Friday, September 23rd

9:00 Margaret Keough
by her loving daughter Gina

Saturday, September 24th

St. Pius of Pietrelcina (Padre Pio)
4:30 Gabor and Louise deHeinrich
by MaryLou and Antonio Sacconaghi



*This week the
Sanctuary lamp
will burn in memory of
Ann Ramaseder
by her sister Brigitte*

IN OUR PARISH

Celebrating the Sacrament of Marriage The parish Celebration of Wedding Anniversaries which was to have taken place next Sunday, September 24th, at 10:30 Mass is postponed to a later date.

“For I was hungry and you gave me food”

(Matthew 25:35) September 18-22 is Hunger Awareness Week. More than 860,000 Canadians visit Food Banks each month. Children comprise 36% of those who are fed. Over the years our parish has been generous in supporting the hungry in our community, whether through the meals at Benedict Labre House or the Thanksgiving food drives. This week we invite you to begin a new tradition and support the hungry on a more continuous basis. **You are invited to bring 1 non-perishable food item to Mass every weekend which will be sent to the food banks.** To help you, there is a list of suggestions for nutritious non-perishable items at the back of the church.

Parish Choir The choir of Ascension Parish is seeking new members. We provide music for Sunday Mass and rehearse Thursday nights. If you have an appreciation of the rich liturgical music of the Church, you are warmly invited to consider joining us. For further info., contact Music Director, David Szanto (see the church bulletin boards for contact info).

Rite of Christian Initiation for Adults

Are you someone or do you know someone who has expressed an interest in learning about our Catholic faith or becoming Catholic? We offer an opportunity for adults to begin a journey of faith as part of a small group focusing on the teachings and experience of Church. You are welcome to participate in the process with your questions, your insights and your faith story in a warm accepting setting. For information please contact Fr. MacEachen or Linda Wiltshire after Mass or by phone or email at the Parish Office.

“Be My Disciples” 2017-18 Registration

Registration in our faith formation program for children grades 1 to 6 continues. Forms are available at the back of the church. For any additional information regarding the program, please contact Linda Wiltshire, Pastoral Associate by email: wiltshirecl@msn.com or by phone 514-932-3131 (Mon & Thurs)

REFLECTION

We are called to forgive; and that can be really difficult. You have been defrauded by the banks of your life's savings – can you forgive? You were abused as a child – can you forgive? You were done out of a job because another lied to get it – can you forgive? The answer is maybe 'no'. What then does God want? He asks us to open our hearts to the other so that we may forgive. Forgiveness is the deepest of God's desires on our behalf, and he hopes that we can forgive each other.

Our hurts and burdens are heavy to carry through life. To forgive can release some of that weight. The person who hurt us may be dead, or may not even know (or care) that we are hurting. When we desire to forgive but don't know how, one way of looking for this strength is to pray for it. We often pray, 'Lord, make my heart like yours'. When we pray that we are praying to be forgiving people!

Another way is to pray for the person. When we realise that as God loves me, he also loves everyone, we may find a spark or light of forgiveness in our souls. Out of this we may find the will to meet the other and talk to him or her, and find the grace of forgiveness between us.

Forgiveness sometimes comes slowly. When God sees us wanting to be on the road to forgiveness, he gives us the graces we need to unburden ourselves and be able to love like him.

Sit in silence for a while, and send a blessing or prayer to someone you need to forgive. *Fr Donal Neary, S.J*

IN THE DIOCESE

Sacred Heart Alumnae Association Fall Tea & Mass The Alumnae Association of the Sacred Heart invites Sacred Heart alumnae & their families to a Fall Tea & Mass **Saturday, September 23rd**. Mass in the Chapel will begin at 1pm with tea and homemade sweets to follow in the Parlour from 2 to 4pm. RSVP to Maureen Brown, Alumnae Coordinator at 514 937-2845 ext. 108 or email at mbrown@sacredheart.qc.ca.

Pastoral Home Care (SASMAD) Visitors Listeners wanted! Are you a good listener with a concern for those who are ill, isolated or elderly? We are currently looking for volunteers to visit persons who are unable to connect to the community due to immobility or illness. Visits would take place in the person's home or senior's residence and can be arranged according to your own schedule. Formation will take place **Friday, October 20 (7-9pm) & Saturday, October 21(9am-2pm) and Friday, November 3 (7-9pm) & Saturday, November 4 (9am.-2pm.)** at St. Monica's Parish. Basic skills of listening and spiritual accompaniment will be explored. If interested, please contact Cathie Macaulay at 514-925-4354;

cma caulay@diocesemontreal.org.

Women's Day Retreat Wednesday, September 20, at Villa Saint-Martin (9451 Gouin Blvd, W., Pierrefonds). Registration: 9:15 a.m.. Animator; Sr. Pat O'Neill, SNJM. Thought-provoking presentations; quiet time for personal reflection & prayer; Eucharistic celebration; sharing for those who wish to participate. ALL women welcome. Bring a brown bag lunch; coffee & tea provided. Suggested donation: \$15.00. Info.: (514) 684-1290

St. Monica's Parish: Video Divina This year, Film Scholar, and Associate Pastor of St. Monica's Parish, Fr. Lloyd Baugh, S.J., will present a film series that looks at movies that courageously examine the multi-faceted experience of Love. Join him **Friday, September 22** at 7 p.m. in the parish rectory (6405 Terrebbonne, Mtl.) to view the movie Three Colors Blue. Free admission and popcorn, and stimulating discussion to follow! For info., contact Fr. Lloyd at 514-481-0267 ext. 32 or lloyd.baugh@stmonica.ca.

PARISH SUPPORT We encourage all parishioners to use the Sunday envelopes. To obtain your envelopes please call the parish office (514-932-3131) or complete this form and place it in the collection plate. We extend a warm welcome to new parishioners. Please take a moment to introduce yourself to Father MacEachen after Mass.

Name _____
Address _____ Postal code _____
Email _____ Telephone _____

You are not forgotten If you, or a loved one, are not able to come to church, we would be happy to pay you a visit and bring you Communion. We can also send you a copy of our Parish bulletin. Let us know by calling the parish office and we will get to you ASAP.

Parish Donations can be made ONLINE through Canada Helps using major credit cards, PayPal or Interac. You obtain a Tax e-receipt immediately. **There are 2 ways to access the site:** **1.** Via the parish website (www.ascensionofourlord.ca) -click on the main page button "EVERY DOLLAR HELPS" for instructions **or 2.** go directly to canadahelps.org and search for "Ascension of Our Lord Parish, Westmount". Thank you for your generosity.

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Ascension of Our Lord Parish



September 17, 2017 Twenty-Fourth Sunday in Ordinary Time

PARISH STAFF

Pastor

Father Lawrence MacEachen
pastor@ascensionofourlord.ca

Pastoral Associate

Dr. Linda Wiltshire
wiltshirecl@msn.com

Assistant

Martha Barrington
ascensionadministration@videotron.ca

Director of Music & Organist

David Szanto, D.Mus.
music@ascensionofourlord.ca

Accounting Queries

Effie Cordeiro
ascensionparish375@gmail.com

LITURGY

Lectors

Edmund Nash
514-989-7217

Eucharist Ministers

Janet Macklem
514-933-8202

Altar Servers

Jovan and Leony Gaco
514-939-1027

Christian Meditation

Monday 6PM
Diana Bennett. 931 7984
bennett.diana@sympatico.ca
Barbara Dressler 488 5514
barbaraasgary@gmail.com



MASS HOURS

Saturday	4:30 PM
Sunday	10:30 AM
Monday	9:00 AM
Tuesday	9:00 AM
Wednesday	9:00 AM
Thursday	NO MASS
Friday	9:00 AM

SACRAMENTAL LIFE

Baptisms By appointment. Please phone the rectory at least one month before.

Confessions Saturday from 4:00 to 4:15 PM
Sunday from 10:00 to 10:15 AM

Marriages Please give six months notice.
Marriage preparation course required.

Sick calls Please notify us at anytime if someone in your family is ill,
in order to arrange for Anointing of the Sick.

PARISH WARDENS

Janet Macklem
Andrea Bobkowicz
Brian Weber
Bonnie Auger
Louise MacLellan
Don Taddeo

Ascension of Our Lord Parish
375 Kitchener Ave., Westmount QC H3Z 2G1

www.ascensionofourlord.ca
info@ascensionofourlord.ca

Tel: 514-932-3131
fBook: AscensionWestmount

OFFICE HOURS Monday to Thursday 9:30 AM - 4:00 PM or by appointment