

Sister Dianna's Food Bank Wish List

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|---|--|
| ☐ Apple sauce | ☐ Pasta |
| ☐ Peanut butter | ☐ Pasta Sauce |
| ☐ Jam | ☐ Tuna |
| ☐ Crackers | ☐ Rice (white to cook) |
| ☐ Cookies | ☐ Soup (cans) |
| ☐ Cereal | ☐ Soup (in packets – Lipton) |
| ☐ Canned beans | ☐ Kraft Dinner |
| ☐ Red kidney beans | ☐ Sugar |
| ☐ Beans in tomato sauce | ☐ Flour |
| ☐ Beans in maple syrup | ☐ Cooking Oil |
| ☐ Tomatoes (whole or diced) | ☐ Chickpeas |
| ☐ Canned vegetables
(corn, peas, string beans...) | ☐ Juice
(boxed apple or orange) |
| | ☐ Dainty Rice
(beef, chicken, Chinese) |

Choose a variety of items or several of the same item.

Special thanks to our Westmount neighbour,
IGA Atwater for their generous support.